



## Helen Cook

September 17, 1946 - December 24, 2021

Peacefully at her home on Friday, December 24, 2021, Helen Elizabeth Cook (Smart) of Nithburg in her 76th year after a courageous battle with Cancer. Cherished mother and mother in-law of Sandra Thedorff (Dale), Bill Cook (Monica), Robert Cook and Stephanie Rose (John). Proud Grandma of Michael Thedorff (Alyssa McKone), Steven Thedorff (Sarah Graul), Gregory Cook (Rachael Smith), Braedon Cook (Marissa), Myles Wilson, Courtney Rose (Dryden DeFranseco) and Tyler Rose. Excited and proud great Grandma to Abby Smith, Aubrey Cook and Emmalyn Thedorff McKone.

Survived by her sister Sandra Lewis (David) of Winnipeg and sisters in-law Ruth Smart and Jean Cook.

Predeceased by husband Ross Cook (January 2021), parents Frank and Dorothea Smart, brother Keith Smart, sister Audrey Whaling and her in-laws Cossie and Minnie Cook and brothers in-law Roy, John, Morris (Jean), Stewart, Ken, Norman (Anna) and sisters in-law Florence McTavish (Stewart) and Pearl Cook.

The simplest things in life brought great joy to Helen. She loved spending time with her family and friends. Her weekly coffee dates with her dear friend Susan Green were always the highlight of her week. As per Helen's request a Celebration of Life will be held in the Spring.



# Cemetery Details

**Holy Cross Crematorium**

Paris, ON (CA)

# Tribute Wall



“ *Helen Cook*

January 17, 2023 at 11:01 AM



“ *Deepest Sympathy in your loss of your Mom she was a wonderful woman so blessed to have known her and your Dad and the family thoughts and prayers are with you all 🙏*

**Barb Dreher** - January 11, 2022 at 12:15 PM



“ *Our deepest condolences to you all on such sad news. Hoping that wonderful memories with your Mom (and Dad) helped during the holiday season. The loss of both parents within a year during the strict guidelines of a pandemic is difficult to deal with. Hoping that they are at peace together again. - Love Always, Dave and Joan*

**Dave and Joan Dellow** - January 04, 2022 at 04:25 PM



“ *Ron And Theresa Bisch lit a candle in memory of Helen Cook*



**Ron and Theresa Bisch** - December 31, 2021 at 02:16 PM

BB

“ Sending our Very Deepest Sympathy to Steph, John, Courtney & Tyler on the passing of a Very Special Kind & Caring Mother, Mother-In-Law & Grandmother. May you cherish all the Special Memories each and everyday as you walk thru the days, months & years remembering your loss of Johns Mother and Steph your Dad & Mother. We keep you in our Thoughts and Prayers. God Bless All.



Roger & Bonnie Battler, Tracy, Lauren & Brad.

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**Bonnie Battler** - December 30, 2021 at 05:45 PM

WN

“ Condolences to the Cook family. Helen & Ross were friendly neighbours for many years. Wally & Anne Van Niekerk

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**Wally & Anne Van Niekerk** - December 30, 2021 at 04:08 PM



“ Longtime friends and I can remember being at Ross and Helen's wedding. They are both at peace now and no longer suffering. Sympathies to the family who lovingly cared for them. -Shirley Cook (Donald)

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**Shirley Cook** - December 30, 2021 at 11:14 AM

SN

“ Oh my gosh. My sympathy is with you all. Mike she got to hold your little one for a short time but she was so happy to get to do that. Steve I know you were close to both of them. Sandy it's been a tough go for you. I send a virtual hug to you all. Bob bill steph as well. And your families. Love kim and sheila

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**Sheila newbigging** - December 28, 2021 at 02:31 PM